



CURICULUM VITAE

Vahideh Ebrahimzadeh Attari

Ph.D of Nutrition

Email: ebrahimzadeh.va@gmail.com

Personal information:

Name: **Vahideh Ebrahimzadeh Attari**

Date of birth: **1983**

Place of birth: **Maragheh**

Marital status: **Married**

Tel: 37275552-251

Mobile: 09143009074

Education:

Ph.D of Nutrition: Tabriz University of Medical Sciences -Iran; 2010-2015

M.Sc. of Nutrition: Tabriz University of Medical Sciences –Iran; 2006-2009

BS. of Nutrition: Shahid Beheshti University of Medical Sciences-Iran; 2001-2005

- **Member of gifted and talented students' office, Tabriz University of Medical Sciences**

Research field and interests:

1. Phototherapy research on chronic diseases
2. Nutritional management of Obesity
3. Nutrition and Chronic Kidney Disease
4. Nutrigenetics and Nutrigenomics
5.

Professional experiences (researches and teachings)

I have been involved in teaching of the following subjects:

- Nutrition and Diet therapy
- Basic Nutrition
- Principle of Nutrition
- General English

I have also been involved in the following researches:

More than 20 research for example:

	Title OF RESEARCH	TYPE	FIELD
1	Effect of ginger (<i>Zingiber officinale</i> Roscoe) supplementation on nutritional status and circulating level of some adipocytokines in obese women with regard to genetic polymorphism of leptin, adiponectin, UCP-1 and beta 3 adrenergic receptors	Thesis of PhD	Obesity, Nutrigenetics, Medicinal plant
2	Effects Of Flaxseed (<i>linum Usitatissimum</i>) And Black Seed (<i>nigella Sativa</i> Linn) On Serum Lipid Profile In Hyperlipidemic Rabbits	Thesis of MS	Medicinal plant, Hyperlipidemia
3	Frequency of APOL1 gene's variations (G1 and G2) in ESRD patients residing in northwest of Iran		Genetic, ESRD
4	The association of two single nucleotide polymorphisms of FOXP3 gene (rs3761548 and rs3761547) with renal allograft function and survival in kidney transplant recipients		Genetic, kidney translate
5	The effects of ginger (<i>zingiber officinale</i>) powder and extract on <i>H.pylori</i> eradication and improvement of clinical signs in patient with <i>H.pylori</i> positive non ulcer dyspepsia		Medicinal plant, functional dyspepsia
6	Nutritional assessment of kidney transplant recipients and its relation with serum levels of FGF23 and kidney function		Kidney Transplant
7	The assessment of serum levels of bone metabolism biomarkers and vascular calcification marker among kidney transplant recipients		Kidney Transplant
8	The assessment of serum levels of phosphate immediately after hemodialysis and its association with post dialysis's complications in ESRD patients		dialysis's complications
9	Etc,.....		

Publications in peer reviewed journals

<https://scholar.google.com/citations?user=pHCOPAcAAAAJ&hl=en>

No	Title	Journal, IF	authorship	year
1	The association of dietary patterns with dietary inflammatory index, systemic inflammation, and insulin resistance, in apparently healthy individuals with obesity	Scientific Reports, IF: 4.37	other	2021
2	Nutritional management of diabetes mellitus during the pandemic of COVID-19: a comprehensive narrative review	Journal of Diabetes and Metabolic Disorders	first	2021
3	Effects of propolis supplementation on glycemic status, lipid profiles, inflammation and oxidative stress, liver enzymes, and body weight: a systematic review and meta-analysis of randomized controlled clinical trials	Journal of Diabetes and Metabolic Disorders	other	2021
4	Nutritional approach for increasing public health during pandemic of COVID-19: A comprehensive review of antiviral nutrients and nutraceuticals	Health Promotion Perspectives	first	2021
5	A systematic review of the anti-obesity and weight lowering effect of ginger (<i>Zingiber officinale</i> Roscoe) and its mechanisms of action	Phytotherapy Research ISI, IF: 3.092	first	2018
6	The Gastro-protective Effect of Ginger (<i>Zingiber officinale</i> Roscoe) in <i>Helicobacter pylori</i> Positive Functional Dyspepsia	Advanced Pharmaceutical Bulletin ISI- Q1	first	2019
7	APOL1 renal risk alleles in patients on chronic hemodialysis in Northwest of Iran	Journal of Renal Injury Prevention ISI	other	2019
8	The association of serum dephosphorylated-uncarboxylated matrix gamma carboxyglutamate protein (dp-ucMGP) as a marker of vascular vitamin K status with allograft function in kidney transplant recipients	Journal of Nephropathology	first	2019

9	Cardiometabolic responses to L-carnitine in obese women with knee osteoarthritis: a randomized, double-blind, placebo-controlled pilot study	Progress in Nutrition ISI, IF: 0.312	other	2018
10	Effect of <i>Zingiber officinale</i> Supplementation on Obesity Management with Respect to the Uncoupling Protein 1 -3826A>G and β 3-adrenergic Receptor Trp64Arg Polymorphism	Phytotherapy Research ISI, IF: 3.092	first	2015
11	Changes of serum adipocytokines and body weight following <i>Zingiber officinale</i> supplementation in obese women: a RCT	European Journal of Nutrition ISI, IF: 4.37	first	2015
12	Effect of pomegranate seed oil supplementation on the GLUT-4 gene expression and glycemic control in obese people with type 2 diabetes: A randomized controlled clinical trial	Journal of Cellular Physiology ISI, IF: 3.92	other	2019
13	Quality of Life in Patients With Behçet Disease and Its Relation With Clinical Symptoms and Disease Activity	Reumatologia clinica ISI	second	2019
14	Effects of ginger (<i>Zingiber officinale</i>) on plasma glucose level, HbA1c and insulin sensitivity in type 2 diabetic patients	International Journal of Food Sciences and Nutrition ISI, IF:1.2	second	2013
15	Effect of dietary supplementation with <i>Nigella sativa L.</i> on serum lipid profile, lipid peroxidation and antioxidant defense system in hyperlipidemic rabbits	Journal of Medicinal Plants Research ISI, IF:0.4	corresponding	2009
16	L-Carnitine supplementation ameliorates serum tumor necrosis factor-alpha and matrix metalloproteinase-3 in knee osteoarthritis women	Bangladesh Journal of Pharmacology ISI, IF: 1.05	third	2017
17	Investigation of Enrofloxacin and Chloramphenicol Residues in Tabriz, Broiler Chickens Carcasses Collected From Local Markets of Northwestern Iran	Health Promotion Perspectives PubMed	first	2014
18	Anti-Inflammatory Effects of <i>Zingiber Officinale</i> in Type 2 Diabetic Patients	Advanced Pharmaceutical Bulletin	others	2013

		ISI		
19	Evaluation of Four Obesity-Related Genes Polymorphism in Obese Women Residing in East Azerbaijan, Iran	Genetics in the 3rd millennium Scopus	corresponding	2016
20	Effects of supplementation with ginger (<i>Zingiber officinale Roscoe</i>) on serum glucose, lipid profile and oxidative stress in obese women: a RCT	Pharmaceutical Sciences Scopus	first	2015
21	Effect of Ground Black Seed (<i>Nigella Sativa L.</i>) on Serum Lipid Profile, Body Weight and Food Intake in Hyperlipidemic Rabbits	Scientific journal of Zanjan Scopus	first	2010
22	Effect of flaxseed (<i>Linum usitatissimum</i>) on serum lipid profile and malondialdehyde in hyperlipidemic rabbits	Pharmaceutical Sciences Scopus	first	2009
23	Lipid lowering effect of dietary supplementation with Nigella sativa .L. in hyperlipidemic rabbits	Journal of Medicinal Food Plants	First	2009
24	A Nephrotoxic Effect of Aspartame as an Artificial Sweetener: a Brief Review	Iranian Journal of Kidney Disease ISI, IF: 1.14	corresponding	2017
25	A review of the health hazards of artificial sweeteners: are they safe?	Progress in Nutrition ISI, IF: 0.312	first	2018
22			

Abstracts presented in conferences:

Effect of dietary flaxseed (<i>Linum usitatissimum</i>) on lipid peroxidation and antioxidant defense system in hyperlipidemic rabbits	Oral presentation	Iran-Tehran	2009	International students conference
Dietary carbohydrates, glycemic index and risk of cancer	Oral presentation	Iran-Tabriz	2011	The first seminar on nutrition and cancer
Nanotechnology: applications in nutrition and food sciences	Oral presentation	Iran-Isfahan	2012	12 th nutrition congress and the first international congress of nutrition
Dietary carbohydrates, glycemic index, glycemic load and risk of cancer	Oral presentation	"	2012	12 th nutrition congress and the first international congress of nutrition
Inflammation and insulin resistance	Oral presentation	"	2012	12 th nutrition congress and the first international congress of nutrition
And more than 20 posters in different congress				

Books:

1. Translation of chap: Nutrition during different life cycle from Modern nutrition in health and disease: Eleventh edition, 2008.
2. Translation of chap: Nutrition in metabolic disorders from Modern nutrition in health and disease: Eleventh edition, 2010

Computer skills:

- Microsoft Office, Software like: Endnote, SPSS,

Foreign languages:

- English
- Turkish